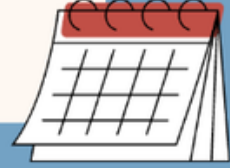




Weekly Parent Newsletter

James McKinney Elementary School
10451 Lassam Rd, Richmond, BC, V7E 2C2
Phone: 604-668-6133 Early Warning: 604-668-6691
Website: <http://mckinney.sd38.bc.ca>

Ms. Zvi, Principal & Ms. Sood, Vice Principal



MARCH 9 - 13, 2026



Monday

- Young Performers continues this week
- PAC Meeting at 7 pm
- Sun Run Practice



Tuesday

- Girls Basketball Jamboree (with Wowk)



Wednesday

- Sun Run Practice



Thursday

- Staff VS students basketball game at lunch
- PAC Hot Lunch



Friday

- PAC movie night at 6 PM
- Last day of school before Spring Break

Dear McKinney Families,

I would like to begin by thanking all of you and our PAC executive for supporting the school-wide dance program. Students had lots of fun learning breakdancing moves! It was so great to see so many of you on Friday for our Performance too! It was so full that we couldn't even accommodate everyone with seats! Thank you for staying and enjoying the show even though it was 'standing room only'. Such a fun activity for the students! For those who were unable to attend, we did record the performances and next week we will send out password protected links so that you can enjoy.

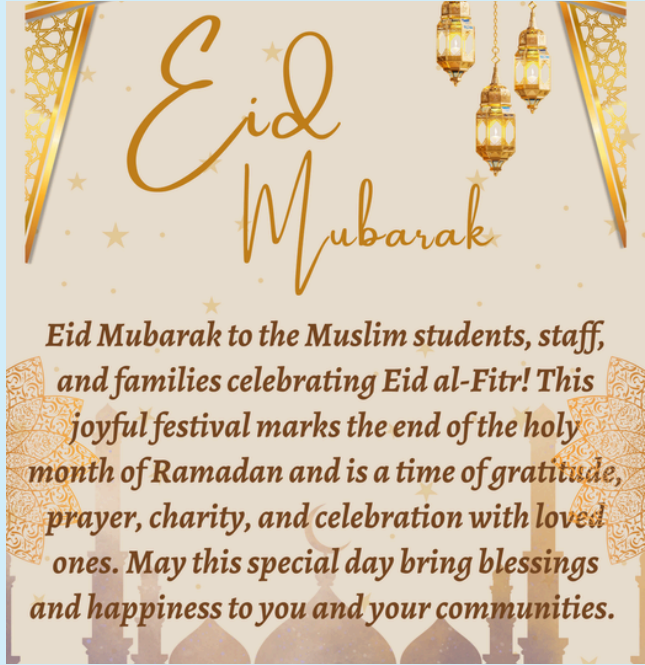
Many students also got to participate in the young actors program this week. Please scroll for some pictures!

We hope you all have a lovely weekend. Don't forget to change your clocks tomorrow morning! Please note this is the last week of school before our 2 week Spring Break.

Take care,
Mrs. Zvi and Ms. Sood

Spring Break
March 16- 29th





Wishing McKinney families that are celebrating over the Spring Break Eid Mubarak & Navroz Mubarak!



OUR DANCE TEACHER, JAMIE



MESSAGES FROM THE PAC

PAC Movie Night this Friday!

THE VOTES HAVE BEEN COUNTED, AND THE WINNING MOVIE IS ZOOTOPIA 2! WE HOPE TO SEE YOU AT THE LAST MOVIE NIGHT OF THE SCHOOL YEAR--FRIDAY, MARCH 13, IN THE SCHOOL GYM. THE MOVIE WILL BEGIN AT 6:00PM AND THE RUNNING TIME IS 1 HOUR AND 50 MINUTES.

- ADMISSION IS BY CASH DONATION, AND PROCEEDS WILL GO TOWARDS MCKINNEY PAC INITIATIVES.
- NO MUNCHALUNCH PRE-ORDER ON FOOD ITEMS THIS TIME. A SELECTION OF SNACKS WILL BE AVAILABLE FOR CASH PURCHASE ON-SITE.
- YOU ARE WELCOME TO BRING YOUR OWN FOOD; PLEASE ENSURE GARBAGE IS PROPERLY DISPOSED OF AFTER THE MOVIE.
- PLEASE BRING YOUR OWN MAT.

IMPORTANT REMINDER: STUDENTS IN ATTENDANCE MUST BE ACCOMPANIED BY A SUPERVISING PARENT/GUARDIAN. FOR A GROUP OF STUDENTS, AS LONG AS THERE'S ONE PARENT/GUARDIAN SUPERVISING THE GROUP, THAT IS FINE. STUDENTS WITHOUT A PARENT/GUARDIAN PRESENT WILL NOT BE PERMITTED TO STAY. THANK YOU FOR YOUR COOPERATION IN ENSURING THE EVENT RUNS SAFELY AND SMOOTHLY!

March
MOVIE NIGHT

Movie: Zootopia 2
Movie running time: 1 hr 50 mins

Friday
Mar 13

Movie starts at 6:00pm

Admission is by cash donation. McKinney students and their family are welcome to attend. Please bring your own mat.

Note: Students in attendance must be accompanied by a supervising parent/guardian.

No pre-order on food items this time. You are welcome to bring your own food. Snacks will be available for cash purchase on-site.

Upcoming PAC meeting

PAC Meeting - Monday March 9 - Virtual Meeting

The PAC is excited to connect with the McKinney community at the upcoming monthly meeting. Hope to see you there!

- Date: March 9, 2026 (Monday)
- Time: 7:00pm
- Location: Virtually on Microsoft Teams Virtual Meeting ([meeting link here](#))

***NOTE* No in-person meeting on this date, the meeting will be on Teams only.**

Follow the 4 C's for some evidence-based tips to manage your child's screen use^{1 2}: ²(American Association of Pediatrics, 2024)

1) Communicate- Have regular, open conversations with your child about their tech use.

- Be open and curious when talking to your child about tech use. Ask questions like "what do you like about this show/app/game?" or "how does it make you feel after watching/using/playing it?"
- Let your child know that they can talk to you about anything negative or upsetting they see online. If they've gotten a phone and have started texting friends, check in about how those interactions are going. Continue to be present and engaged when screens are used. Whenever possible, **co-view and talk about content with children.**

2) Content- When using screens, prioritize activities that are educational, active, or social.

Help children choose developmentally appropriate content and recognize problematic content or behaviours. Read reviews, such as those on [Common Sense Media](#) or [Plugged-In](#) to find out what shows, games, and movies are the right fit for their maturity level. **Consider using parental controls with the ultimate goal of having your child begin to manage their own limits as they grow older.**

3) Calm- How does your child calm down emotions or go to sleep?

- **Support kids in settling their bodies to sleep by putting devices away at least 1 hour before bedtime.** Teach them techniques such as deep breathing and listening to quiet music to help calm their brains.
- When your child is bored, try going outside to play, do something creative, or play a game together instead of using screens.

4) Crowding Out- Instead of focusing on 'reducing screen time,' think about what your family wants to 'add back in.'

- **Ask your child: what does media get in the way of?**
- Talk with your kids about balancing time on screens so that there is enough time to sleep, read, play outside, draw, hangout, and play sports with other kids. Parents can role model putting phones down at bedtime, dinnertime, or on car rides - whatever makes sense for your family's media plan.

Photos of the week



Thank you Ms. Zhang for the fantastic band performance last week.



Learning in Grade 1/2/3

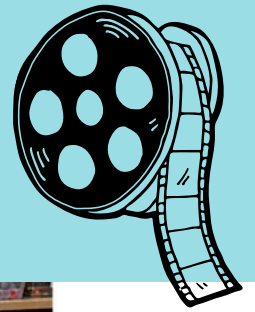
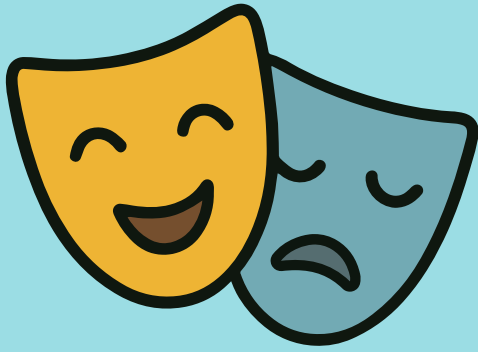


playing outside



chalk art

Many divisions participated in Young Actors Workshops
this week!





Support for Building a McKinney Footpath/Track - Please Complete this Survey



The McKinney PAC would like to help install a footpath/track around the school fields for walking and running activities. The project would require \$10,000-\$15,000 in funds. Please take this short survey to help us understand the level of community support for building a new footpath around the fields.

Link to survey: <https://forms.gle/F4EcpCnAwY1B1p3D6>

