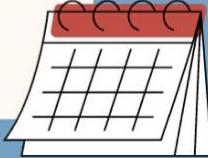




## Weekly Parent Newsletter

James McKinney Elementary School  
10451 Lassam Rd, Richmond, BC, V7E 2C2  
Phone: 604-668-6133 Early Warning: 604-668-6691  
Website: <http://mckinney.sd38.bc.ca>

Ms. Zvi, Principal & Ms. Sood, Vice Principal



### McKinney Community The Week Ahead: January 26 to 30, 2026

<b>Monday 26</b>	<b>No School- Pro-D</b>
<b>Tuesday 27</b>	Boys B.B practice at lunch Boys' basketball <b>Home</b> game Steveston Community centre after school program begins (registration required)
<b>Wednesday 28</b>	Girls B.B Game @ Blundell Elementary
<b>Thursday 29</b>	Hot Lunch (K- Kitchen) Hearing Screening (Kindergarten Students) Boys B.B practice at lunch Girls B.B practice after school
<b>Friday 30</b>	<b>Spirit Day-Toque Day</b> Girls B.B practice after school

Dear Families,

On Monday, students will remain at home while staff come together for a professional development day. During this time, our team will be learning more about how we can best support all students' social-emotional development, with a shared focus on caring for self, others, and place.

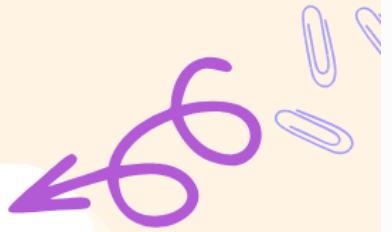
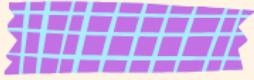
Social-emotional learning (SEL) plays a vital role in building a strong foundation for success at school, and we know it is also something you nurture every day at home. Moving forward, I will continue to include SEL tips, quotes, and information in our weekly newsletters. I encourage you to take a few moments to read these sections and use them as conversation starters with your children. After all, you are—and always will be—your child's most important teacher.

Thank you for your continued partnership. Together, we will support every McKinney student in reaching their full potential!

Warm regards,

Ms. Zvi and Ms. Sood





## VOLUNTEER DRIVER UPDATE:

- ♦ NEW SAFETY PROTOCOLS TO ENSURE THE SAFETY FOR OUR STUDENTS
- ♦ ALL VOLUNTEER DRIVERS ARE NOW REQUIRED TO COMPLETE A CRIMINAL RECORD CHECK (CRC) BEFORE DRIVING FOR FIELD TRIPS.
- ♦ IF YOU PLAN TO DRIVE THIS YEAR, PLEASE VISIT THE OFFICE TO:
  - 1. PICK UP THE NEW DRIVER AUTHORIZATION FORM.
  - 2. GET THE ACCESS CODE TO COMPLETE YOUR FREE ONLINE CRC.
  - 3. CHECKLIST FOR DRIVERS: PLEASE ENSURE THE OFFICE HAS COPIES OF YOUR:  CRC SUBMISSION CONFIRMATION  DRIVER'S LICENSE  VEHICLE INSURANCE  SIGNED AUTHORIZATION FORM

THANK YOU FOR YOUR COOPERATION IN KEEPING OUR STUDENTS SAFE!



### **Student Learning Survey 2025/2026**

The Provincial Student Learning Survey is unique in its scope, size and usefulness to schools. It gathers information from parents/guardians/caregivers, teachers, and students on topics related to school environment, safety, and achievement. The information is used for planning in individual schools and provides a district and provincial perspective.

This winter, the Student Learning Survey will be administered to students in grades 4 and 7, their parents/guardians/caregivers, and all school staff. We encourage parents/guardians/caregivers to participate in this survey, as the results are important in identifying and celebrating current strengths, as well as determining where the school needs to focus improvement. The surveys contain standard questions for the Province.

The survey can be completed electronically and can be accessed on the Internet at <https://www2.gov.bc.ca/gov/content/education-training/k-12/support/student-learning-survey>. Any computer or mobile device with an Internet connection can be used, and access to the e-survey is simple and secure. The survey can be accessed through the link and by clicking on Take the Survey. On the login page, click on the Parents icon, and then select the school district and school name where your child attends school. Provincial, District and School Reports for previous years can be viewed at the same site under the *Results* section.

The e-survey site will be open until May 2, 2025.

## Vancouver Sun Run – School Team Registration

We are excited to share that our school will be participating in the **2026 Vancouver Sun Run on Sunday, April 19**, starting at **BC Place**! Our students will have the opportunity to join the **2.5 km Mini Sun Run** as part of our school team.

On that day, students will need to be accompanied by an adult. If your child enters the Mini Sun Run, entry includes one adult escort. Both child and adult will need to register individually.

Run club will start training for the Sun Run every Monday and Wednesday during lunch. Our first session will begin on February 2nd, 2026, but students do not have to be a part of our Run Club to participate in the run. If you have any questions, please do not hesitate to email or connect with us.

Team Name: **McKinney Eagles**

Team Access Code: **LPXGCG**

Link to JOIN OUR YOUTH TEAM:

<https://event.vansunrun.com/172858/register/?urlcattype=t&zsecure=GabuutrY131Jkkj>



### Stay Informed with SchoolMessenger Text Alerts (Opt-In)

**IMPORTANT**

Our District uses **SchoolMessenger** to share important school and district updates, including weather closures, emergency notifications, reminders, and time-sensitive announcements.

All families with a current cell phone number in our MyEdBC database will receive a text message from SchoolMessenger (Text #: 978338) in February 2026. To start receiving text alerts, you will need to opt in.

#### How to opt in:

1. Watch for a text from SchoolMessenger (Text #: 978338).
2. Reply with "Y" to 978338.
3. You will receive a confirmation message letting you know you're successfully subscribed.



Want alerts on more than one device?

To receive text alerts on multiple phones, each phone number must opt in separately by replying "Y" to 978338.

## PAC News

### Hot Lunch Orders for 2026

Don't miss out on these exciting lunch menus! To place an order, visit <http://www.munchalunch.com>. You can place an order for multiple lunches in advance! First time users will need to create an account to log in.

- ⌚ Jan 29 is Kokitchen Rice Day - Order by Jan 23, 11:59PM
- ⌚ Feb 5 is Yummy Slices Pizza Day - Order by Jan 30, 11:59PM
- ⌚ Feb 12 is BM Gourmet Day - Order by Feb 6, 11:59PM

- ⌚ Feb 19 is Domino's Pizza Day - Order by Feb 13, 11:59PM
- ⌚ Mar 5 is Fukuroku Sushi Day - Order by Feb 27, 11:59PM
- ⌚ Mar 12 is Kokitchen Rice Day - Order by Mar 6, 11:59PM

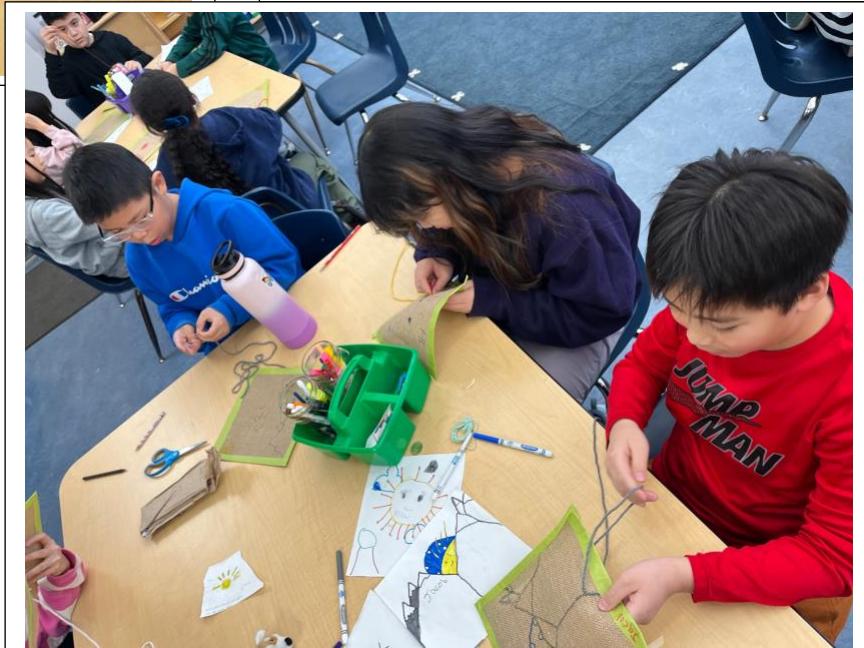
**TONIGHT: PAC MOVIE NIGHT - THE BAD GUYS 2**  
**WE HOPE TO SEE EVERYONE TONIGHT AT THE MOVIE.**  
**ADMISSION IS BY CASH DONATION. DOORS OPEN AT 5:30PM. MOVIE WILL BEGIN PROMPTLY AT 6:00PM. PLEASE BRING YOUR OWN MAT FOR SEATING.**



**IMPORTANT REMINDER: STUDENTS IN ATTENDANCE MUST BE ACCCOMPANIED BY A SUPERVISING PARENT/GUARDIAN. FOR A GROUP OF STUDENTS, AS LONG AS THERE'S ONE PARENT/GUARDIAN SUPERVISING THE GROUP, THAT IS FINE. STUDENTS WITHOUT A PARENT/GUARDIAN PRESENT WILL NOT BE PERMITTED TO STAY. THANK YOU FOR YOUR COOPERATION IN ENSURING THE EVENT RUNS SAFELY AND SMOOTHLY!**

### Photos of the week!





# Supporting your Child's Mental Wellness: Social and Emotional Learning (SEL)

**Social and emotional skills add to your child's well-being and help them cope with life's challenges.**

Social and Emotional Learning (SEL) is the life-long process of learning social and emotional skills that are important for healthy relationships, mental well-being, and thriving at school and in life.



## Why is SEL important?

Social and emotional learning supports children to:

- Have more **positive peer relationships** and school experiences
- **Cope** with life's challenges
- Improve **academic performance**
- Have better **mental health**

### Did you know?

**SEL is integrated into the school curriculum** in British Columbia. All B.C. students take part in SEL although the approaches may vary.

### Find out what's happening at your child's school:



Connect with your child's school [or teacher] to find out about SEL initiatives



Check out your child's school newsletter

**Using some of the same SEL strategies at home** as your children are learning at school can support their social and emotional development.

# Strategies for Supporting Social and Emotional Learning

## Tips for supporting your child's social and emotional learning at any age:

**Model kindness, compassion and helping others.** If your child sees you doing these things, they are more likely to build these important social skills.

Invite your child to **talk about what's going on in their lives**, and listen without judgment or trying to fix the problem. Ask them how you can best support them during challenging times.

Ask yourself - **What is the need behind the behaviour that I am observing?**



Help your children **build awareness of emotions** by talking about your own feelings and validating all emotions  
*(It's okay to feel sad, angry, disappointed...)*



**Validate your children's feelings.** Discuss healthy and unhealthy **ways to express emotions** that align with your home and cultural values.  
*For example, hitting a pillow may be okay, but hitting people is not okay.*



Try out different ways to **deal with emotions** in healthy and culturally appropriate ways.  
*Listen to music, read a book, draw, take a walk (especially in nature), move your body, or seek support through friends and family.*



**Children and adolescents go through different periods of social and emotional development as they grow.**

Check out this page for more **information on social and emotional growth and development** over the years.



## Resources to support your child's social and emotional skills at home

[Understanding social & emotional development](#)



[SEL Tips for Families](#)



[Podcast: SEL Supports at Home](#)



[Podcast: Social and Emotional Development in the Early Years](#)

