

The Richmond Board of Education acknowledges and thanks the First Peoples of the hən'q'əmin'əm' (hun-ki-meen-um) language group on whose traditional and unceded territories we teach, learn and live.

Dear Families,

What a wonderful week! Spring has sprung and the weather has been lovely. Students have been enjoying playtime outside at recess (on our new playground equipment!), and many are participating in track and field practices and/or doing some outdoor PHE activities. Playing outside is so important for kids. From <u>BC Parks Foundation</u>:

"Children are happier, have more energy and are less anxious when exposed to nature and the outdoors. Research shows that there are significant health and developmental benefits to getting outside", including:

- Development of motor skills, balance and coordination
- Development of a more empathic relationships to nature
- Creating lifelong habits
- Development of care for the environment

Additionally, "Children with more nature in their environments experienced lower levels of psychological distress in response to stresses" and "Children with more green space close to home had lower rates of anxiety and depression".

Enjoy the sunny weather.

Sincerely, Ms. Zvi and Ms. Sood

week-ut-u-otunce for the week of April 21st to 25th	
Monday 21	No school-Easter Monday stat holiday
Tuesday 22	Track practices continue this week
Wednesday 23	
Thursday 24	Hot Lunch
	School Spirit Day: Wear a Funny Shirt Day!
Friday 25	Class Photo Day!
	PAC movie night: Despicable Me 4

## Week-at-a-Glance for the week of April 21st to 25th

# Early Warning Line Reminder-

If your child will be absent or late, please call our Early Warning Line at **604-668-6691** and leave a voice message to let us know.

Thank you for helping us ensure the safety and well-being of all our students!

# PAC request:

As we look ahead, we need your help to keep our PAC strong and active. Many of our current PAC members are leaving as their children graduate, and we're looking for new parent volunteers to step into executive roles. Specifically, *we need to fill the positions of Treasurer, Secretary, and Social Media Liaison*. The PAC is vital for securing the BC Gaming Grant and supporting various school activities that benefit our children. Without PAC, students lose over \$8,000 in Government Grant, as well as support for Hot Lunch Days, Spirit Wear, classroom resources, field trip subsidies, and much, much, more.

If you're interested in making a difference in our school community, please join us at our next PAC meeting!

Thank you,

## PAC executive



Happy Easter from Ms. Mairi's class and all of the McKinney community.

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You are invited to our Montessori Math Night on May 7<sup>th</sup> at 5:30 PM. See the attached PDF for more information. While this night is intended for Montessori families to learn more about the Montessori math program, all McKinney families are invited to attend if you would like to learn more!

\*\*\* Photos of the Week:













