



## Personalized Training Wherever You Are

OnTheGoFirstAid.com

# COMING SOON BABYSITTING COURSE

**Ages 11+** 

### **COURSE CONTENT:**

- How to be responsible and demonstrate leadership
- ✓ How to make good decisions and manage difficult behaviours
- Information on children's developmental stages, and specific strategies for each stage
- How to feed, diaper, dress and play with children and babies
- ✓ How to recognize and prevent unsafe situations, make safe choices and promote safe behaviours
- First aid skills
- The business of babysitting

Each participant receives: workbook, mini first aid kit, certificate



SIGN UP DETAILS:





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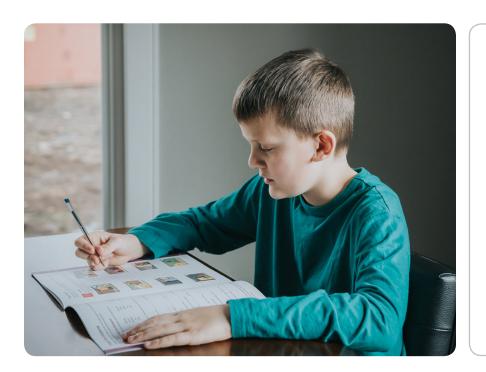
# COMING SOON STAY SAFE

Ages 9 – 13

#### **COURSE CONTENT:**

- ✓ Importance of responsibility and respect while being accountable for yourself
- Importance of setting and following rules around safety when staying on your own
- How to stay safe at home and within the community
- ✓ How to prepare, recognize and respond to unexpected situations (ie Inclement weather, strangers, unanticipated visits)
- First aid content (recovery position, choking, feeling unwell, asthma, anaphylaxis, poisoning, insect stings and wound care

Each participant receives: workbook, mini first aid kit, certificate



SIGN UP DETAILS:





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# COMING SOON BABYSITTING COURSE & STAY SAFE

#### **BABYSITTING:**

- How to be responsible and demonstrate leadership
- How to make good decisions and manage difficult behaviours
- Information on children's developmental stages, and specific strategies for each stage
- How to feed, diaper, dress and play with children and babies
- How to recognize and prevent unsafe situations, make safe choices and promote safe behaviours
- First aid skills
- The business of babysitting

#### **STAY SAFE:**

- Importance of responsibility and respect while being accountable for yourself
- Importance of setting and following rules around safety when staying on your own
- How to stay safe at home and within the community
- How to prepare, recognize and respond to unexpected situations (ie Inclement weather, strangers, unanticipated visits)
- First aid content (recovery position, choking, feeling unwell, asthma, anaphylaxis, poisoning, insect stings and wound care



Both courses, each participant receives: workbook, mini first aid kit, certificate

SIGN UP DETAILS: